

FLOURISH

LIFE GROUP AGENDA
WEEK ONE | 8/20-8/26
TRANSFORMATION



Read: John 15:1-8

1 "I am the true grapevine, and My Father is the Gardener. **2** He cuts off every branch of Mine that doesn't produce fruit, and He prunes the branches that do bear fruit so they will produce even more. **3** You have already been pruned and purified by the message I have given you. **4** Remain in Me, and I will remain in you. For a branch cannot produce fruit if it is severed from the vine, and you cannot be fruitful unless you remain in Me. **5** Yes, I am the vine; you are the branches. Those who remain in Me, and I in them, will produce much fruit. For apart from Me you can do nothing. **6** Anyone who does not remain in Me is thrown away like a useless branch and withers. Such branches are gathered into a pile to be burned. **7** But if you remain in Me and My words remain in you, you may ask for anything you want, and it will be granted! **8** When you produce much fruit, you are My true disciples. This brings great glory to My Father."

Welcome: (This is a time for us to focus inward on our relationships with one another.)

Briefly share the goals and one guideline of Life Group (Found at the back of the book)

Ice breaker Question: What's one thing in your life you would like to see transformed by the end of the year and why?

Watch: [Week 1 Life Group Video](#)

Memorize: Spend time this week memorizing John 15:5.

Try different methods to help you memorize this Scripture such as writing it on a notecard, making a note on your phone, sharing it with someone or using the Verses app (Available on the App store).

"Yes, I am the vine; you are the branches. Those who remain in Me, and I in them, will produce much fruit. For apart from Me you can do nothing."

John 15:5

Word: Discuss the following questions.

- What stood out to you from the video or the Scripture?
- According to this passage of Scripture, what happens if you remain in Christ? What happens when you don't remain in Christ?
- Pastor Dennis said "Flourishing is a matter of nourishing." What does it mean to nourish your spirit?
- Read Romans 11:17. What is the blessing promised to us as God's children?
- What are some practical ways we can remain or "abide" in the vine?
- What are some things that prevent people from abiding in Christ?

Breakouts: Break into smaller, gender-specific groups of 3-4 for discussion

Discussion Questions

- What is a significant truth you have learned or have been reminded of through the discussion or video?
- What are some things that personally keep you from remaining in Christ?
- How do you plan to grow this coming week? Which "call to action" will you put into practice?

Ready, Set, Grow. (Call to Action)

Encouragement: Identify someone struggling to flourish. Be intentional in praying for them and sharing with them the transforming power of Jesus Christ.

Confession: If you find that there are some areas in your life where you are struggling to "remain" in Christ, seek out someone you trust to pray for you and mentor you through your struggles.

Worship: Spend time journaling this week. Write out your prayer to the Lord asking Him to transform three specific areas in your life. These could be spiritual, relational, financial, or emotional.