

# FLOURISH

LIFE GROUP AGENDA  
WEEK THREE | 9/3-9/9  
JOY



**Read:** John 15:11

*"I have told you these things so that you will be filled with My joy. Yes, your joy will overflow!"*

**Welcome:** (This is a time for us to focus inward on our relationships with one another.)

*Briefly share the goals and one guideline of Life Group (Found at the back of the book)*

**Ice breaker Question:** What does your perfect weekend look like?

**Question:** Which "call to action" did you accomplish this past week?

**Watch:** [Week 3 Life Group Video](#)

**Memorize:** Spend time this week memorizing John 15:11.

Try different methods to help you memorize this Scripture such as writing it on a notecard, making a note on your phone, sharing it with someone or using the Verses app (Available on the App store).

*"These things I have spoken to you, that My joy may be in you, and that your joy may be full"*

*John 15:11*

**Word:** Discuss the following questions.

- What stood out to you from the video or the Scripture?
- What is the difference between joy and happiness?
- What do you believe brings God joy?
- What things or situations seem to steal our joy on a regular basis?
- In the video, Pastor Dennis said, "We can have joy even in the middle of heartbreak." Read Hebrews 12:1-3. What five things can we do to have joy when faced with trials and difficult challenges?
- Of the five we shared, which do you need to do more of in order to experience complete joy in life?

**Breakouts:** Break into smaller, gender-specific groups of 3-4 for discussion

**Discussion Questions**

- What is a significant truth that you have learned or have been reminded of through the discussion or video?
- What are some current things that steal your joy?
- How do you plan to grow this coming week? Which "call to action" will you put into practice?

**Ready, Set, Grow.** (Call to Action)

**Experience:** Do something this week to bring joy to another person and report back to the Life Group next week what you did and how it went.

**Read:** Find five Scripture verses on "joy" in the Bible and write them down on a notecard or on sticky notes. Place them somewhere you will see daily.

**Worship:** Your praises bring great joy to God. They also take the focus from your day-to-day problems. Spend ten minutes each