JANUARY 14 - 20, 2023

# LIFE GROUP

## AGENDA




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### WELCOME - (5-10 MINUTES)

Welcome Everyone. Introduce yourself and any new individuals.
Read ALL of the group goals and ONE guideline.

**BREAK THE ICE:**
If you could only eat one fruit for the rest of your life what would it be?
Secondary Ice Breaker: How have you been doing with the Prayer and Fasting Emphasis?

**NOTE**

**Life Group Connection Event is THIS Sunday!!**
Wear your TEAL t-shirt and come to as many services as you can ready to invite new members to your Life Group!!

### WORSHIP ACTIVITY - (10-15 MINUTES)

Ask the Life Group to stand-up & sing together. If your group meets in public, ask a member to text out a song before the meeting and have everyone worship on the way!

Tremble
by Celebration Worship (Cover)

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3

### WORD - (15-20 MINUTES) READ **Galatians 5:16-26**

1. What part of our nature craves evil?
2. What does the Spirit give us the desire to do?
3. According to verse 24, how do we know we belong to Christ?
4. What are some ways we can decipher between the two natures?
5. Why do we tend to excuse the desires or behaviors of our sinful nature?
6. What are some things we can do to ensure that we are led by the Spirit?
7. What is the connection between prayer & fasting and our fleshly desires?
8. How have you seen prayer and fasting help you in the past?
9. How do you know if you are growing spiritually?
10. When you look at the list of the fruits of the Spirit, which one(s) do you need to work on the most?

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### WITNESS - (10-15 MINUTES)

**BREAKOUT LEADERS:** The BREAKOUT is intended to cultivate transparency, accountability, and relationships that can later serve as a pathway for ongoing equipping and discipleship. Break into smaller, like-gendered groups of 3-4. Address the following questions:

- What is a significant truth that you have learned or been reminded of today?
- What are some of the sinful natures that you have struggled with previously? How have you found ways to overcome them? If you are still facing them today, how can we help?
- How can we help support you, encourage you, or hold you accountable this week?
- How else can we pray for you this week?

### CLOSING

- **Now is a great time to invite your friends, relatives, associates and neighbors to Life Group! Who do you know that needs to be in a Life Group?**
- SAVE THE DATE: Life Group Connection Event is Sunday, January 21st. This will be a fantastic opportunity to meet prospective Life Group members and remind former members that they are welcome in your group!

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