LIFE GROUP DISCUSSION GUIDE

FEBRUARY 9- FEBRUARY 15, 2025

1

WELCOME - (5-10 MINUTES)

Welcome Everyone. Introduce yourself and any new individuals.

Have a member read ALL of the group goals and ONE guideline.



BREAK THE ICE:
What is a personal quality you admire most in someone that demonstrates strength?

Are you prepared?
Spend some time each week before Life Group to review the questions, come up with your own answers & decide which ones your group needs to focus on!

2

WORSHIP ACTIVITY - (10-15 MINUTES)

Ask the Life Group to stand-up & sing together. If your group meets in public, ask a member to text out a song before the meeting and have everyone worship on the way!

STRONG by Anne Wilson

3

WORD - (15-20 MINUTES) READ Colossians 2:1-7

1. Ask two to three people to read the verses from different versions.
2. What are Paul's goals for these believers?
3. Why is Paul speaking these truths into their lives? (verse 4)
4. What are some characteristics of "fine-sounding arguments" that could mislead people, even if they seem logical or persuasive?
5. How can participating in "fine-sounding arguments" weaken our faith? How can you rebut the lies that others believe?
6. **Re-read verses 6-7.** What do these verses mean to you?
7. In verse 2, Paul shares what it looks like to be a strong Christ-follower. When you read through those characteristics, where do you feel you are on your faith journey?
8. What are some other verses that you use to speak truth and strength into your life?
9. How can you strengthen your faith by meditating on God's Word? In what ways can you increase your focus on God's promises to gain a richer and deeper understanding of His Word?

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WITNESS - (10-15 MINUTES)

BREAKOUT TIME: Break into smaller, like-gendered groups of 3-4. Address the following question(s):

- *What has God shown you through this passage and our conversation?*
- *What steps do you need to take to better understand the mystery of the Gospel?*
- *Who is a strong Christian in your life that you can intentionally spend time with to build your strength in the Lord? Take a moment to text or call them to set-up a time to meet.*
- *How can we pray for each other this week?*

5

CLOSING ANNOUNCEMENTS & REMINDERS

- **One of the most important practices of a healthy Life Group is shared ministry! Pass around a notebook, paper or type it in the "chat" box and ask people to sign-up for:**
  - **Facilitating the discussion**
  - **Preparing the worship time**
  - **Ministering to the children**
  - **Bringing the drinks or snacks**
  - **Have Break-out Group Facilitators**
  - **Reading the Goals and ONE Guideline**
  - **Hosting Life Group next month online or in-person**
  - **OR something that your Life Group needs!**
- This February, we're throwing confetti and spotlighting Black History Month! It's all about celebrating the amazing achievements and contributions of African Americans through the ages, while giving a big nod to the challenges they've tackled and the ongoing quest for equality! Let's shine the light!
- **If you have been wanting to join one of our Serve Teams, we will be hosting Team Sunday on February 16th! It's the perfect time to find out more about all of our teams and how you can be a part of them. Take the next few weeks to think and pray on where you feel you can step up and serve. If you aren't sure where you'd fit, feel free to talk with one of our Life Group leaders to help you think through all the possibilities. We have a place just for you!**
- Don't forget about your loved ones this coming Valentine's Day! God loved us all so much that he gave His only son for us. Together, Valentine's Day and John 3:16 remind us of the many forms that love can take–whether it be romantic, familial, or spiritual. They encourage us to reflect on how we can express and receive love in our own lives, fostering connections that bring joy and hope to our hearts.