

# LIFE GROUP DISCUSSION GUIDE

## APRIL 19 - APRIL 25, 2026

1

**WELCOME - (5-10 MINUTES)**

Welcome Everyone. Introduce yourself and any new individuals.

Have a member read ALL of the group goals and ONE guideline.




**BREAK THE ICE:**

What is something you ate as a kid, but don't eat as an adult?

2

**WORSHIP ACTIVITY - (10-15 MINUTES)**

Ask the Life Group to stand up & sing together.
Jesus Take Me Through the Threshing Floor
Stephen McWhirter

3

**WORD - (15-20 MINUTES)READ Ephesians 4:17-24**

1. Describe Paul's depiction of life before knowing Christ. What specific words or phrases are most striking or memorable?
2. What does Paul say believers should "put off" and "put on" in this passage?
3. What does the new nature look like?
4. How would you compare the moral standards of today with the moral standards of Paul's day?
5. Why does Paul put so much emphasis on the way we think ("renewing of your mind")?
6. How does becoming a "new self" differ from mere self-improvement?
7. What truths have you learned since you have learned about Jesus? (verse 21)
8. How have your attitudes, actions and thoughts changed since turning your life over to God?
9. Of all the commands given here for Christian living, which seems to be the major command God is challenging you with in your life?



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4

**WITNESS - (10-15 MINUTES)**

**BREAKOUT TIME:** Break into smaller, like-gendered groups of 3-4. Address the following question(s):

- What specific steps will you take to "renew your mind" this week? Consider what you will actively watch, listen to, or focus your thoughts on.
- How can we help support and encourage each other to renew our minds daily?
- STOP and pray for each other to allow the Spirit to renew your thoughts and actions.

5

**CLOSING ANNOUNCEMENTS & REMINDERS**

- **When was the last time you and your Life Group did an outreach? How can you use your collective gifts, talents and resources to minister to the lost or hurting? Start planning an outreach today!**
- This Saturday, April 25th is the Bloom's Women Conference at the Metairie New Orleans Campus. It will be a powerful morning designed to help women grow, flourish, and step confidently into all God has called them to be. You can purchase tickets here.