

LIFE GROUP DISCUSSION GUIDE

APRIL 26 - MAY 2, 2026

1

WELCOME - (5-10 MINUTES)

Welcome Everyone. Introduce yourself and any new individuals.

Have a member read ALL of the group goals and ONE guideline.



BREAK THE ICE:

Who was your childhood best friend and are you still in touch today?

2

WORSHIP ACTIVITY - (10-15 MINUTES)

Ask the Life Group to stand up & sing together.

I Know A Name

Brandon Lake, Cece Winans

3

WORD - (15-20 MINUTES) READ Ephesians 4:25-32

1. What are some of the wrong behaviors Paul tells us to stop, and what does he say we should do instead?
2. What does this passage say about how we should interact with others?
3. How does Paul describe the Holy Spirit in verse 30, and what connection is there between our actions and how the Holy Spirit is affected?
4. Why do you think Paul connects our behavior (like honesty, kindness, and forgiveness) to our relationship with God?
5. How might "grieving the Holy Spirit" manifest in your daily life?
6. Why is forgiveness such a big deal in this passage, and how is it connected to how God forgives us?
7. How have the negative behaviors and actions impacted your relationships?
8. Of the qualities listed in these verses, which one from verse 31 is a struggle for you? Conversely, which attribute from verse 32 is something that comes more easily or naturally to you?
9. How can being kind, tenderhearted and forgiving to those around you make a difference in your life?



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4

WITNESS - (10-15 MINUTES)

BREAKOUT TIME: Break into smaller, like-gendered groups of 3-4. Address the following question(s):

- Which relationship in your life needs to be changed for the better?
- Looking at this passage, what is one habit you need to "put off" and one you need to "put on" starting this week–and how can this group help keep you accountable?
- How is the Lord asking you to bring forgiveness and understanding to your broken relationships?
- STOP and pray for each other to have healthy and whole relationships.

5

CLOSING ANNOUNCEMENTS & REMINDERS

- **Now is a great time to invite your friends, relatives, associates and neighbors to Life Group! Who do you know that needs to be in a Life Group?**
- This Sunday, May 3rd is Graduate Recognition at Celebration Church! Do you know any high school graduates that would appreciate prayer and encouragement from the church community? Sign your grad up here.

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