

LIFE GROUP DISCUSSION GUIDE

APRIL 5 - APRIL 11, 2026

1

WELCOME - (5-10 MINUTES)

Welcome Everyone. Introduce yourself and any new individuals.

Have a member read ALL of the group goals and ONE guideline.



BREAK THE ICE:

How has one aspect of life improved when comparing the previous century to this one?

2

WORSHIP ACTIVITY - (10-15 MINUTES)

Ask the Life Group to stand up & sing together.

Hallelujah For The Cross
Chris McClarney

3

WORD - (15-20 MINUTES) READ Ephesians 4:5-10

1. What does God have authority over?
2. What does Paul say each believer has received? How was it given?
3. What actions are described in verses 9-10?
4. What does it mean for God to be over all and in all?
5. Why does Paul emphasize the word “one” in verses 5-6?
6. What is the significance of Christ descending to Earth and ascending to Heaven?
7. What changes for the better have you seen in yourself since experiencing salvation?
8. What positive changes have you seen in someone within this group or anyone you know after walking with the Lord?
9. How have you brought unity to your Life Group and F.R.A.Ns (Friends, Relatives, Associates, and Neighbors)?
10. How are you currently using the gifts God has given you to serve His Kingdom?



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4

WITNESS - (10-15 MINUTES)

BREAKOUT TIME: Break into smaller, like-gendered groups of 3-4. Address the following question(s):

- How does knowing Jesus has all authority change the way you handle challenges?
- What strongholds or sorrows do you need freedom from?
- How is the Lord asking you to walk in His freedom?
- Stop and pray for each other.

5

CLOSING ANNOUNCEMENTS & REMINDERS

- **Has everyone in the Life Group completed First Steps? This is a great place to meet the staff, find out more about ministry opportunities, ask questions and get plugged into a great community of believers.**
- Following Easter services, we have the opportunity of reaching out to first time guests and new believers. Ask your pastor how you can help connect with new visitors to help them get plugged in.
- Saturday, April 25th is the Bloom's Women Conference at the Metairie New Orleans Campus. It will be a powerful morning designed to help women grow, flourish, and step confidently into all God has called them to be. You can purchase tickets here.