LIFE GROUP DISCUSSION GUIDE

JUNE 7 - JUNE 13, 2026

1

WELCOME - (5-10 MINUTES)

Welcome Everyone. Introduce yourself and any new individuals.

Have a member read ALL of the group goals and ONE guideline.



BREAK THE ICE:

Where is your favorite beach to visit?

2

WORSHIP ACTIVITY - (10-15 MINUTES)

Ask the Life Group to stand up & sing together.

In The River

Jesus Culture, Kim Walker-Smith

3

WORD - (15-20 MINUTES)READ Ephesians 4:4-6

1. What is the body of Christ called to?
2. What does verse 5 say there is one of?
3. Who is over all?
4. Who is the one body? Who is the one Spirit?
5. What does one baptism mean?
6. How do we know there is only one God and one faith? What scriptures support this? (ref. 1 Corinthians 8:6)
7. How is God living through believers? And what does that look like?
8. How does knowing all Christians share one Lord and one faith change the way you look at believers?
9. What is one way that you live your faith in front of others?



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4

WITNESS - (10-15 MINUTES)

BREAKOUT TIME: Break into smaller, like-gendered groups of 3-4. Address the following question(s):

- When did you come to realize that Jesus was the only way?
- How would you explain to someone that God is three in one – Father, Spirit, and Son?
- Have you been baptized by immersion? If not, what holds you back?
- Pray to be fully surrendered to the Lord in all areas.

5

CLOSING ANNOUNCEMENTS & REMINDERS

- Who's missing? Who hasn't been to Life Group in a while? This week, let's each take the name of someone we haven't seen in a while and reach out to them with a text, phone call, or note.
- **Mark your calendars for Life Group Semester Break from June 21st – July 18th. Our hope is for you to use this break to spend extra time with family, plan outings with your Life Group, and grow in your relationship with God.**
- **Men's Night is coming up on July 28th at 5:30pm hosted at the Metairie/New Orleans Campus. Our goal is to empower men to grow as faithful followers of Christ – striving to be better individuals, husbands, fathers, and leaders within their families, the church, and the broader community.**