LIFE GROUP DISCUSSION GUIDE

JULY 19 - JULY 25, 2026

1

WELCOME - (5-10 MINUTES)

Welcome Everyone. Introduce yourself and any new individuals.

Have a member read ALL of the group goals and ONE guideline.



BREAK THE ICE:

If your personality were an ocean creature, what would you be?

2

WORSHIP ACTIVITY - (10-15 MINUTES)

Ask the Life Group to stand up & sing together.

God I'm Just Grateful

Chandler Moore

3

WORD - (15-20 MINUTES)READ Jonah 3:1-10

1. How many times did the Lord ask Jonah to go to Nineveh?
2. Why was Jonah's obedience so important to this "Mega City"?
3. What specific message did Jonah give to the people of Nineveh?
4. What was the city's response to the message Jonah spoke?
5. What does this passage teach us about God giving people another chance?
6. Why do you think the people of Nineveh took Jonah's message seriously?
7. What does this passage teach us about repentance and God's mercy?
8. What are some things keeping people from obeying God?
9. Is there something God has told you to do that you have been avoiding more than once?
10. What is one area of your life where you need to make a real change?
11. Who is someone God may be asking you to show mercy, love, or truth to this week?

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4

WITNESS - (10-15 MINUTES)

BREAKOUT TIME: Break into smaller, like-gendered groups of 3-4. Address the following question(s):

- When was a time in your life you ran from God?
- What would full obedience look like in your life?
- What usually causes you to pull away from God, and what can help you stay close to Him when that temptation comes again?
- Take time and pray for one another.

5

CLOSING ANNOUNCEMENTS & REMINDERS

- Now is a great time to invite your friends, relatives, associates and neighbors to Life Group! Who do you know that needs to be in a Life Group?
- **Men's Night is around the corner on July 28th at 5:30pm hosted at the Metairie/New Orleans Campus. Ladies, invite the men in your life! Fellas, invite your coworkers and friends! It will be a great time of fellowship and fun. You can register here.**
- **Friend Sunday is coming up on August 9th, this is a great time to ask your friends, associates, neighbors, and relatives to join you at church! Our goal is to spread God's love through something simple - an invitation.**