LIFE GROUP DISCUSSION GUIDE

JULY 26 - AUGUST 1, 2026

1

WELCOME - (5-10 MINUTES)

Welcome Everyone. Introduce yourself and any new individuals.

Have a member read ALL of the group goals and ONE guideline.



BREAK THE ICE:

What is something you enjoy about Summer?

2

WORSHIP ACTIVITY - (10-15 MINUTES)

Ask the Life Group to stand up & sing together.

In Christ Alone

by Adrienne Liesching

3

WORD - (15-20 MINUTES)READ Jonah 4:1-11

1. How did Jonah respond when God showed mercy to Nineveh?
2. What did God provide for Jonah, and what happened to it the next day?
3. What questions did God ask Jonah throughout this chapter?
4. Why was Jonah more upset about the plant dying than about the people of Nineveh?
5. How does Jonah's anger highlight the contrast between his own heart and God's heart?
6. What was God teaching Jonah through the plant, the worm, and the hot wind?
7. If you were in Jonah's position, how would you have reacted, and how does that compare to how you might have responded five years ago?
8. Jonah struggled with the idea of God's mercy being extended to those he deemed "undeserving." In what area of your life is it most difficult for you to let go of your own sense of justice in favor of God's grace?
9. Jonah was preoccupied with his own discomfort (the heat, the lack of shade). How can you better distinguish between petty frustrations and the spiritual opportunities God may be presenting in the midst of them?

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4

WITNESS - (10-15 MINUTES)

BREAKOUT TIME: Break into smaller, like-gendered groups of 3-4. Address the following question(s):

- Can you recall a moment when your own personal comfort took priority over the needs of someone who required God's love?
- God's final question in the chapter is about His compassion for the great city of Nineveh. Who are the people or groups in your community that you find it hardest to have compassion for, and what step can you take this week to pray for them specifically?
- Pause and pray for one another, asking for the strength to push past frustration and actively live out God's purpose for your lives.

5

CLOSING ANNOUNCEMENTS & REMINDERS

- **One of the most important practices of a healthy Life Group is shared ministry! Pass around a notebook, paper or type it in the "chat" box and ask people to sign-up for:**
  - **Facilitating the discussion**
  - **Preparing the worship time**
  - **Ministering to the children**
  - **Bringing the drinks or snacks**
  - **Have Break-out Group Facilitators**
  - **Reading the Goals and ONE Guideline**
  - **Hosting Life Group next month online or in-person**
  - **OR something that your Life Group needs!**
- Do you have a friend, relative, or neighbor you'd like to invite? Friend Sunday is almost here! Bring your loved ones to church on August 9th for an inspiring message, powerful worship, and to experience real community. Find out more *HERE*.
- **Are you interested in growing spiritually? Get ready for a Fall Spiritual Growth Emphasis like you have not seen before! Every Thought Captive begins September 13th and will go through October 11th. You don't want to miss it!!**