LIFE GROUP DISCUSSION GUIDE

AUGUST 30 - SEPTEMBER 5, 2026

1

WELCOME - (5-10 MINUTES)

Welcome Everyone. Introduce yourself and any new individuals.

Have a member read ALL of the group goals and ONE guideline.



BREAK THE ICE:

When was the most inopportune time your stomach grumbled from hunger?

2

WORSHIP ACTIVITY - (10-15 MINUTES)

Ask the Life Group to stand up & sing together.

O Come To The Altar

Elevation Worship

3

WORD - (15-20 MINUTES) READ John 6:22-70

1. Have two or three members read the passage ahead of time and restate the narrative using their own words.
2. Why did the crowd go looking for Jesus?
3. What does Jesus repeatedly say about Himself in this passage?
4. How did the crowd, the religious leaders, and the disciples respond to Jesus' teaching?
5. In what ways does Jesus leverage their desire for food to demonstrate the spiritual message He wants them to grasp?
6. In what ways does Jesus fulfill and sustain us spiritually? (see verses 47-51)
7. What insight does Peter's answer to Jesus provide regarding the nature of authentic faith? (ref. verses 68-69)
8. What is the main reason you follow Jesus?
9. What practical steps can we take to allow Jesus to fulfill our innermost desires?
10. In a world that's so divided, how can we stay true to Jesus' words?

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4

WITNESS - (10-15 MINUTES)

BREAKOUT TIME: Break into smaller, like-gendered groups of 3-4. Address the following question(s):

- In what ways has a lifetime of religious exposure potentially clouded your view of the true Christ? What spiritual shifts are necessary to see Him clearly?
- In this season, what are you seeking most from Jesus?
- How are you doing with hungering and thirsting after Jesus currently?
- Pause to pray that everyone in the group grows a deep spiritual hunger and thirst for Jesus.

5

CLOSING ANNOUNCEMENTS & REMINDERS

- **One of the most important practices of a healthy Life Group is shared ministry! Pass around a notebook, paper or type it in the "chat" box and ask people to sign-up for:**
  - **Facilitating the discussion**
  - **Preparing the worship time**
  - **Ministering to the children**
  - **Bringing the drinks or snacks**
  - **Have Break-out Group Facilitators**
  - **Reading the Goals and ONE Guideline**
  - **Hosting Life Group next month online or in-person**
  - **OR something that your Life Group needs!**
- **Are you interested in growing spiritually? Get ready for a Fall Spiritual Growth Emphasis like you have not seen before! Every Thought Captive begins September 13th and will go through October 11th. We will be watching videos as a Life Group and answering questions! You don't want to miss it!**