LIFE GROUP DISCUSSION GUIDE

AUGUST 23 - AUGUST 29, 2026

1

WELCOME - (5-10 MINUTES)

Welcome Everyone. Introduce yourself and any new individuals.

Have a member read ALL of the group goals and ONE guideline.



BREAK THE ICE:

As a child, what was your home remedy for a cold?

2

WORSHIP ACTIVITY - (10-15 MINUTES)

Ask the Life Group to stand up & sing together.

Believe for It

Cece Winans

3

WORD - (15-20 MINUTES)READ John 5:1-15

1. What was the man's condition in this story, where was he and how long had he been ill?
2. When Jesus saw the man, what question did He ask him? What was his answer?
3. What was the Jewish leader's objection to Jesus' miracle?
4. Why do you think Jesus asked the man if he wanted to be healed?
5. How do you think the man felt when Jesus asked him this? How would you feel if you were in the same position?
6. What did Jesus tell the man in verse 14 and why do you think it's significant?
7. How can you relate to this story in terms of your life?
8. The paralyzed man was waiting for a specific scenario that would bring about his healing. Today we have direct access to Jesus, what keeps people from asking Him for healing?
9. Who are the people in your life that need healing? How is the Lord asking you to pray for them?

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4

WITNESS - (10-15 MINUTES)

BREAKOUT TIME: Break into smaller, like-gendered groups of 3-4. Address the following question(s):

- What do you need healing from? Is there a reason you haven't asked Jesus for it?
- Whether or not you find healing on this side of Heaven, how can you glorify God through your pain or discomfort?
- Stop and pray for each other's healing.

CLOSING ANNOUNCEMENTS & REMINDERS

5

- **Now is a great time to invite your friends, relatives, associates and neighbors to Life Group! Who do you know that needs to be in a Life Group?**
- This Sunday, we commemorate what the Lord has done for us through a special time of communion together as a church. Let us prepare our hearts and souls to encounter the Lord in this very special way.
- **Are you interested in growing spiritually? Get ready for a Fall Spiritual Growth Emphasis like you have not seen before! Every Thought Captive begins September 13th and will go through October 11th. You don't want to miss it!!**